PACKING LIST

THE SOLO FEMALE TRAVELER NETWORK

DESTINATION	DAYS	AVERAGE LOCAL WEATHER
Cuba	9	WINTER: 19°C (66°F) - 26°C (79°F) SUMMER: 24 °C (75°F) - 32°C (90°F)

SPECIFIC TO CUBA

- [ ] Rain jacket
- [ ] Portable charger or power bank
- [ ] Bug spray
- [ ] GoPro or Waterproof Camera

ESSENTIALS

- [ ] Passport
- [ ] Covid QR/Card/Test
- [ ] Insurance Paperwork
- [ ] Prescription Meds
- [ ] Cell phone + Charger

US Dollars and credit cards will NOT be accepted in Cuba. Bring Euros or another major currency to exchange.

WHICH TYPE OF BAG?



Backpack



Suitcase



Duffel

CLOTHING

- [ ] Shirts
- [ ] Pants
- [ ] Dresses
- [ ] Skirts
- [ ] Underwear
- [ ] Bras
- [ ] Socks
- [ ] Pajamas
- [ ] Sneakers
- [ ] Sandals
- [ ] Slippers
- [ ] Swimsuit
- [ ] Sweater/Fleece
- [ ] Lightweight Jacket
- [ ] Sunhat
- [ ] _____

TECH + ELECTRONICS

- [ ] Laptop + charger
- [ ] Headphones
- [ ] Camera + charger
- [ ] Tablet + charger
- [ ] Adapters/Converters
- [ ] Extra SD/Memory Card
- [ ] External Harddrive (for photos)
- [ ] USB Stick (easy photo sharing)

Wifi will be sparse in Cuba. Prepare for a general lack of internet availability. Download media or streaming services ahead of trip to use during leisure time.

TOLIETRIES + PERSONAL CARE

- [ ] Cleanser
- [ ] Moisturizer
- [ ] Makeup
- [ ] Deodorant
- [ ] Toothbrush + Toothpaste
- [ ] Haircare Needs
- [ ] Contacts/Eyeglasses
- [ ] Razor + Shaving Supplies
- [ ] Pads + Tampons
- [ ] Chapstick
- [ ] Sunscreen
- [ ] _____

ACCESSORIES + MISCELLANEOUS

- [ ] Sunglasses
- [ ] Hand Sanitizer
- [ ] To-Go Toilet Paper
- [ ] Water Bottle
- [ ] Ear Plugs + Sleeping Mask
- [ ] Travel Neck Pillow
- [ ] Snacks
- [ ] OTC Medicine (ie: tylenol, dayquil)
- [ ] Packing cubes
- [ ] Collapsible Tote
- [ ] _____
- [ ] _____