PACKING LIST

THE SOLO FEMALE TRAVELER NETWORK

DESTINATION	DAYS	AVERAGE LOCAL WEATHER
JAPAN	10	Spring average temperatures: 55 to 65 °F (13 to 18 °C) Autumn average temperatures: 65 to 75 °F (20 to 25°C)

SPECIFIC TO JAPAN

- [ ] Comfortable walking shoes
- [ ] Some modest clothing to wear in temples, etc.
- [ ] Overnight bag/day pack for the days your main luggage will be transferred
- [ ] Pack layers

ESSENTIALS

- [ ] Passport
- [ ] Visa info
- [ ] Insurance Paperwork
- [ ] Credit + Debit Cards
- [ ] Cash + Wallet
- [ ] Prescription Meds
- [ ] Cell phone + Charger

WHICH TYPE OF BAG?



Backpack



Suitcase



Duffel

CLOTHING:

- [ ] Shirts
- [ ] Pants
- [ ] Dresses
- [ ] Skirts
- [ ] Underwear
- [ ] Bras
- [ ] Socks
- [ ] Pajamas
- [ ] Walking shoes
- [ ] Sandals
- [ ] Light scarf
- [ ] Swimsuit
- [ ] Sweater/Fleece
- [ ] Lightweight Jacket
- [ ] Sunhat
- [ ] _____

TECH + ELECTRONICS:

- [ ] Laptop + charger
- [ ] Headphones
- [ ] Camera + charger
- [ ] Tablet + charger
- [ ] Adapters/Converters
- [ ] Extra SD/Memory Card
- [ ] E-Reader
- [ ] Bluetooth Speaker
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

TOLIETRIES + PERSONAL CARE

- [ ] Cleanser
- [ ] Moisturizer
- [ ] Makeup
- [ ] Deodorant
- [ ] Toothbrush + Toothpaste
- [ ] Haircare Needs
- [ ] Contacts/Eyeglasses
- [ ] Razor + Shaving Supplies
- [ ] Pads + Tampons
- [ ] Chapstick
- [ ] Sunscreen
- [ ] _____

ACCESSORIES + MISCELLANEOUS

- [ ] Sunglasses
- [ ] Hand Sanitizer
- [ ] Collapsible Tote
- [ ] Water Bottle
- [ ] Ear Plugs + Sleeping Mask
- [ ] Travel Neck Pillow
- [ ] Snacks
- [ ] OTC Medicine (ie: tylenol, dayquil)
- [ ] Packing cubes
- [ ] _____
- [ ] _____
- [ ] _____